



Infant Community

Parent Guide

6 weeks -18 months



Welcome to Mt. Nebo Christian Learning Center's Infant Community!

The information provided in the Infant Parent Guide will introduce you to our infant classroom philosophy and organization. It will serve as a quick reference to our daily routines and activities. We are a ministry of the Mt. Nebo United Methodist Church. Our mission is to provide a safe, fun, developmentally appropriate and Christian enriched environment for children in our community.

The infant classroom serves children ages 6 weeks to eighteen months. Our highly qualified and professional teachers provide a safe and nurturing "home away from home" environment where your child is encouraged to grow and learn every day. Your child will eat, sleep, learn and play according to his or her own schedule.

Our classrooms are designed to stimulate positive learning which encourages visual, language, gross motor and small motor experiences to enhance learning through their own natural curiosity. MSDE approved Creative Curriculum along with age appropriate toys and materials are used to stimulate and develop the skills needed for babies to reach each developmental milestone. Cognitive development is promoted by responding to an infant's natural interest in the world around them. We provide our rapidly changing infants with dynamic and numerous activities and experiences such as a variety of textures, objects, movements and sounds to stimulate their interests.

Some of the daily activities your infant may participate in are rocking, sign language, stories, nursery rhymes, finger plays, music, songs, imaginative games, art activities, interaction with other babies, and soft play climbing activities.



Infant Goals and Objectives

- Social; to facilitate the development of relationships, characterized by caring, sharing and trust
 - Teachers will be role models of positive behavior towards others, help infants learn to express themselves with their words, and facilitate large and small group play
- Emotional; to encourage a positive self-image, recognition of feelings, and learning self-control.
 - Teachers will model kindness and respect, treat each child as a unique person with his or her own individual needs and desires, provide positive feedback and reinforcement, help promote and build friendships with other children and adults, help children to acknowledge and identify feelings, and learn to express them in a positive way
- Intellectual; to stimulate language and listening skills in a nurturing, fun-filled setting
 - Teachers will get down on the infant's level and make eye contact when talking to them to, will read to children daily, identify words, letters, colors and name objects, sing songs, do finger plays, count, and engage children in activities that encourage curiosity and stimulate the five senses.
- Physical; to enhance learning of age appropriate development tasks and self-care.
 - Provide ample opportunities throughout the day for large and small motor skill development and begin to introduce practical life and self-care skills such as hand washing, self-feeding, walking, etc.



What to Bring

- Please label **ALL** bottles, cups and food with your child's first and last name, and the current date.
- Toddlers (12 months and older) we provide whole milk to our toddlers that have transitioned to whole milk.
- Bring extra changes of clothing to leave in your child's cubby box, including multiple layers and clothing that is appropriate for various types of weather
- Pacifier if applicable
- Diapers
- Wipes
- Diaper Cream
- Sunscreen and Sun Hat (May through September)
- Sleep Sack (if desired for nap time- blankets are not allowed in the crib)



Sample Infant Daily Schedule

Infant Daily Schedule will vary depending on the needs of individual children

6:00 am	School Opens- Cuddle Time & Free Play
8:30 am	Diapering & Hand Washing
8:45 am	Morning Snack
9:00 am	Circle Time, Music, Sign Language & Books
9:30 am	Cuddle Time, Rocking & Morning Nap
10:30 am	Diapering & Hand Washing
10:45 am	Morning Walk & Outdoor Playtime
11:30 am	Lunch
12:00 pm	Music & Movement, Tummy Time & Large Motor
12:30 pm	Diapering & Hand Washing
12:45 pm	Cuddle Time, Rocking & Afternoon Nap
2:30 pm	Diapering & Hand Washing
2:45 pm	Afternoon Snack
3:00 pm	Art, Sensory & Small Motor
4:00 pm	Afternoon Walk & Outdoor Play
4:30 pm	Diapering & Hand Washing
4:45 pm	Books, Music and Finger Plays
5:30 pm	Free Play, Cuddle Time & Rocking
6:00 pm	School Closing



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Welcome to the Infant Room!

Help us get to know your little one.

Name: _____ Date of Birth: _____

1. Allergies & Medical Notes for the Teachers: _____

2. What temperature does he/she like their bottle: _____

3. How often does he/she need to be burped? Do you pat or rub their back? _____

4. How do you put your child to sleep? (Rock or lay the child in the crib to fall asleep)? _____

5. How do they like to be rocked (position)? _____
